

# FAMILY PROMISE

(A COMMUNITY RESPONSE FOR HOMELESS FAMILIES)

Family Promise is an interfaith program which offers support and housing for families temporarily without homes. Host congregations, of which TVUUC is one, house families for a week at a time about 4 times a year. Families attend classes which include budgeting assistance, nutrition and parenting. Guests who are not employed spend the days at the Family Promise Day Center.

## WHAT YOU CAN DO AS A VOLUNTEER FOR FAMILY PROMISE

- **Prepare a meal:** You may prepare the meal at home and deliver it to the church by 6:00 P.M. Usually there will be 12-15 people for dinner. You will be reimbursed for your expenses if you turn in your receipts.
- **Dinner Host:** Two volunteers each night greet guests and help set-up for dinner. Dinner hosts need to arrive by 5:30 PM and leave about 8:00 when the overnight volunteers arrive
- **Overnight Volunteers:** Each night 2 volunteers spend the night at the church. Overnight volunteers need to arrive by 8:00 PM and are able to leave by 7:00 AM.
- **Saturday Breakfast:** Prepare a hot breakfast to be served about 9:00 AM.
- **Kids Activities:** Plan and supervise activities for children. This can be crafts, reading, or games.
- **Set-up:** Help set-up Sunday school rooms as bedrooms for the families. Each family has its own room. Blow-up mattresses provide the beds. This job must be done starting at 1:00 PM on the first day of hosting. It takes 2 hours or less.
- **Breakdown:** Starting at 7:00 AM on the Sunday of departure, this job involves the reverse of the above.
- **Drive Family Promise trailer to the next church:** This require someone with a vehicle which has a trailer hitch and is big enough to pull the trailer. (A small Toyota or similar truck will not do it.)
- **Laundry:** 1 or 2 volunteers are needed to wash sheets, mattresses pads, blankets, and towels after the host week.
- **Grocery Shop:** Shop for breakfast and lunch foods (small shopping on Saturday or Sunday afternoon. Larger shopping sometime during the day on Monday). You will be reimbursed if you turn-in receipts.
- **Miscellaneous Needs:** Be on call for various last minute needs during the week such as additional grocery items, etc.
- **Guest Transportation:** Family Promise has a van but sometimes additional transportation is needed to or from a job.

## TVUUC FAMILY PROMISE SUPPORT COMMITTEE

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